



Exploring the path of labor beauty of primary and secondary school students in the post epidemic era

Xiao Jumei Tian min

College of Teacher Education, Huzhou Normal University, Huzhou, Zhejiang, China

Abstract

Exploring the beauty of labor in the post epidemic era is conducive to the cultivation of students' healthy and reasonable way of life, the enhancement of students' independent living ability and the establishment of students' positive concept of labor. Based on this, we should let students' body "move" to experience the beauty of labor; Eyes "light up" to make it discover the beauty of labor; The soul is "beautiful" to make it feel the beauty of labor.

Keywords: post epidemic era, primary and secondary schools, labor beauty, explore the path

Introduction

Labor beauty is a special phenomenon that aesthetics permeates the field of labor^[4], and labor and aesthetics have an inseparable relationship. The labor beauty in the post epidemic era is guided by the "opinions on strengthening the labor education in the new era and primary schools in an all-round way", in order to establish the correct labor values of primary and secondary school students, to be willing to actively participate in the work in the follow-up life, and to apply the spirit of overcoming difficulties and daring challenges to the labor.

Multidimensional value of labor beauty in the background of post epidemic Era

The labor beauty in the background of post epidemic has multi-dimensional value for students to establish healthy and reasonable life style, enhance their independent living ability and establish positive labor concept.

It is conducive to the cultivation of healthy and reasonable life style of students

In the special period of epidemic, the whole country responded to the call of "stop class and keep learning" put forward by the Ministry of education, and primary and secondary school students study at home. However, during the epidemic, some students will not work and have no desire to work, which leads to the lack of labor education. Labor in the implementation of the process of physical exercise for students, to establish a unified model of study and health has a great help. Many studies show that by combining the reasonable time arrangement and book knowledge with proper labor, this is not contradictory, but will have "the effect of inserting", which can not only regulate the activity of the students' brain in different regions, reduce the students' brain load, but also improve the learning efficiency. In the labor, the principle of "combining work and leisure, learning and using" is implemented. Students can relax their nervous mood during study, realize the comfort given by labor and relieve the

mental fatigue. In the labor, the body has also been effectively exercised, which is conducive to strengthening the physical fitness; In the labor, students can really enter into life, can directly acquire life knowledge and experience the beautiful life created by labor. In conclusion, in the post epidemic era, we should reshape the importance of labor education in students' life and study. Labor beauty can establish a harmonious way of life for students. Only by discovering the Beauty of labor can students actively invest in it and find out the mystery.

It is helpful to enhance the students' independent living ability

Generally speaking, the self-care ability of primary and secondary school students in China is not ideal, especially the contemporary students are mostly spoiled. In daily life, parents take over all the labor except learning. Some primary school students will not organize their own learning supplies, students will not peel beans, and over time lose their ability to self-care independently. Students have no chance to find the beauty of labor and realize the happiness and enrichment obtained by labor. In the post epidemic era, besides learning, it is necessary to undertake the family work and school work within their ability. Through the labor practice, students can find the true meaning of labor beauty independently, and devote themselves to the work, and enhance the students' independent living ability. In the post epidemic era, students' lives should be arranged reasonably, so that students can understand the knowledge of epidemic prevention and control, learn to wear masks correctly, wash hands frequently and protect themselves. This is the necessary safety precautions during the post epidemic period; At the same time, students should be arranged to do a good job of "little duty students" in school, learn to organize their own rooms, stack their own clothes, standardize family work, and realize the neat and beautiful brought by labor; In these labor, we should arrange efficient labor, balance labor and study, allocate time reasonably, and make sure that learning labor is both correct.

Therefore, in the post epidemic era, students' own things can be done by themselves, reduce their dependence on adults, and cultivate their independent consciousness, which will help to supplement the short Labor Board of students and develop their living ability of self-care and self-reliance. Students' independent living ability is used for their life. The ability of self-reliance will help students to invest in social life in the future, so as to realize their life value.

It is helpful to establish students' positive labor concept

Labor is the basis of production and life, because labor creates a civilized world, and it is because of labor that creates the human itself. Therefore, labor is not only our basic power and obligation, but also one of our means of survival. During the post epidemic period, primary and secondary school students should actively participate in labor, find the beauty of labor in labor and establish students' positive labor concept. In daily life, students should have a sense of labor responsibility, realize that everyone is a member of the family, and everyone should put into family work, do what they can, and realize the sense of responsibility brought by labor; In addition, we should actively explore the beauty of labor in labor, realize it in labor and feel the good life created by labor; Besides, labor is one of the ways for primary and secondary school students to learn. Through labor, they can learn knowledge that cannot be learned in books; at the same time, in the post epidemic era, primary and secondary school students can not only participate in school organized labor, but also participate in family work. Students can experience practical operation and improve their hands-on ability; finally, in the labor, the moral, intellectual and physical beauty of students can be developed, so that students can achieve real growth. Through the students of "responsibility for labor", "understanding of labor students", "learning through labor", "having practice through labor" and "growing up through labor", students can fully realize that labor has improved people's health and ability during the epidemic. Therefore, students' good daily working habits should be further cultivated to help them form a positive labor concept.

Exploring the path of labor beauty in the post epidemic Era

In the post epidemic era, the lack of labor beauty of primary and secondary school students is more serious. We can implement it through family labor and school labor. We should be good at finding labor beauty in social life, and explore it through the way of students' body "moving", eyes "bright" and heart "beautiful".

Let the student's body "move", make it experience the beauty of labor

In the post epidemic era, primary and secondary school students should let themselves "move" and fully understand the beauty of labor. Only in the continuous exploration of labor can we truly understand the beauty of labor. Among them, personal home life labor and school study labor can make students realize the beauty of labor. According to the age characteristics of students, different kinds of labor can be arranged. For example, students in grade 1-2 should learn to

wash their hands, brush their teeth, wear masks, tidy their clothes, know how to pick, pick and choose dishes, and carry rice bowls with chopsticks; Learn to organize schoolbags and school supplies, and do what you can in school. These labors not only cultivate students' good living habits, but also let them know that labor is everyone's responsibility and initially have a sense of responsibility. The students of grade 3-4 should learn to take their own temperature, take their own bath, tidy their desks, ventilate their homes, wash dishes and vegetables, etc; In the school, they should be able to bear the responsibility of the students on duty well, and they should not shrink back when they need to work, so that they can initially have the consciousness of "doing their own things by themselves", develop the basic housework ability, and cultivate the emotion and attitude of actively participating in family work and school work. The students of Grade 5-6 should learn to clean their clothes, disinfect their homes and schools, participate in the cleaning, learn simple cooking, and form the ability of self-care. At the same time, they should realize the difficulty of their parents' housework and cultivate the habit of concentrating on their work. Junior high school students are mainly engaged in scientific management of life and learning, strengthening labor consciousness and enjoying the fun brought by labor. We should use the vision of growth, systematic thinking and logic of life to design some family and school labor that is in line with the age characteristics of primary and secondary school students. In particular, we should pay attention to guiding students to carry out different labor according to local conditions, and reproduce their aesthetic feeling in labor.

Let the students' eyes "light up" and make them discover the beauty of labor

In the post epidemic era, primary and secondary school students can carry out extracurricular reading, pay attention to the relevant reports of the epidemic at home and abroad, and find the beauty of labor in reading. According to the age characteristics of primary and secondary school students, they can read different types of books. The students of grade 1-2 do not have abstract thinking, and the image thinking is dominant. Therefore, they can choose picture books about coronavirus as their extracurricular reading. Through the combination of picture books and text, they can really understand the virus and correctly understand the virus, Experience the hardship of medical staff and every staff in the front line of anti epidemic, and explore the beauty of labor. The students of grade 3-4 have a certain knowledge reserve. They can read extracurricular books, understand the relevant knowledge of epidemic situation, learn how to prevent the invasion of virus, and share the relevant knowledge with their families, classmates and teachers, so as to realize their sense of achievement in obtaining information and the beauty of labor. Students and middle school students in Grade 5-6 can realize the beauty of medical staff's work by paying attention to the relevant information during the epidemic period. As the saying goes, "when one side is in trouble, all sides support", they risk their lives and rush around in the front line of anti epidemic with bulky protective clothing. Such a picture touches every student and allows students in Grade 5-6 to

make a relevant hand copy report; The middle school student writes a related composition, has own unique opinion to the labor beauty, sublimates to the labor beauty understanding. Primary and secondary school students can experience the unique beauty through the beauty of labor shown by the concerted efforts of the Chinese people to fight the epidemic.

Let the students' soul "beautiful", make them feel the beauty of labor

Under the background of post epidemic situation, students' psychology also needs our active attention. Teachers can cultivate their sentiment through a series of creative life activities and class theme activities. They can appreciate the beauty of work while their soul is "beautiful". Different activities can be selected according to the age characteristics of primary and secondary schools. Students of grade 1-2 can make things by hand, such as the production of plasticine craft, paperboard cars, etc., and can also potted succulent plants and hand-painted reverse walkers in the epidemic situation. In this process, they not only feel the fun of manual labor, but also are interested in the planting of plants. They can better perceive the image of professional workers and cultivate their love for labor. Students in grade 3-4 can explore the structure of masks, cut window patterns, learn to make small flowerpots, and change kitchen waste into fertilizer. Students can feel the challenge and pleasure of creative labor, bring them a sense of achievement, understand the different division of labor in different professions, and feel the deeds of anti-epidemic Heroes. Students of Grade 5-6 can design and make map models, cultivate students' preliminary simple design and production ability, as well as the ability to explore problems in creative labor, and realize the importance of professional labor to society and people's life. Middle school students can skillfully make cleaning tools, carry out labor theme creation activities in the class, cultivate students' ability to solve practical problems through design, and experience the characteristics of creative labor and the sociality and dedication of professional labor. Through the design and creation in the labor, let students really feel the beauty of labor, realize the soul washing.

Conclusion

Under the background of post epidemic situation, we should fully pay attention to the subject knowledge and guide students to carry out the labor practice of combining work and rest, which can not only experience the beauty of labor in activities, but also have important significance for students' growth. Therefore, we should encourage students to actively participate in labor, and promote their healthy and comprehensive development.

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